



A Patient's Guide to Dental Implants

**Permanent Teeth-In-A-Day
All-on-Four™
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AllonFour.ca**



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Congratulations and Welcome

This publication is designed to provide a detailed overview of the All-on-Four™ Dental Implants process offered at the North York Smile Centre in Toronto, Canada. Whether you are just gathering information or are ready to take the next step, our goal is to help you arrive at an informed decision.

How do you know if you're a candidate for dental implants? If you are currently missing teeth, have loose or failing teeth, or are a denture wearer, then you're a likely candidate.

If you are currently wearing dentures, ask yourself:

- Is your denture feeling less than satisfactory?
- Is your denture uncomfortable, loose or painful?
- Are you not wearing your denture because it's uncomfortable or ugly?
- Is your existing bridge starting to leak or show unsightly margins?
- Is the colour of your bridge less than ideal?

If any of the above situations apply to you, it might be time to take a look at dental implants as a permanent option.

In the last twenty-five years, millions of patients around the world have significantly improved the quality of their lives after receiving dental implants. Through technological advancements and careful planning, dental implants can be affordable for the majority of people. They offer unparalleled satisfaction when it comes to esthetics, function, and that 'natural' look we often strive to attain.

While this booklet is intended to outline the All-on-Four™ Dental Implant Process, it isn't a substitute for seeking a professional opinion. Each person is different and requires a personalized dental plan - we recommend that you drop in for a free consultation to discuss your personal situation. We'll be happy to answer any questions.

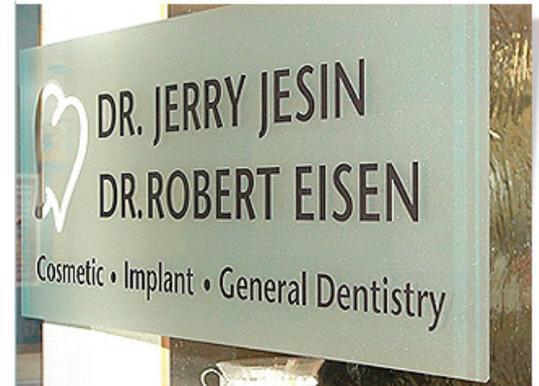
Ultimately, our goal is to create for you a beautiful and natural smile so that you are able to carry on your life with the confidence and good health you deserve.

Looking forward to meeting you,

Handwritten signatures of Rob Eisen and Jerry Jesin in black ink.

Drs. Rob Eisen & Jerry Jesin

North York Smile Centre



What is a Dental Implant?

A dental implant is an artificial “root” system comprised of a titanium screw coupled with a prosthetic tooth. The implant, which is lodged in the jaw, operates completely independently from your other teeth, giving it a secure fit and realistic look.



Why Dental Implants?

Dental implants can be used to solve a number of dental impairments including:

- Missing or Broken Teeth
- A Rotted or Brittle Tooth
- As an alternate to dentures

Typically dental implants are the best permanent solution for a picture-perfect smile, and are considered one of the best investments for your overall oral health and longevity of your teeth.

The All-on-Four™ Process

Permanent Dental Implants have been described as the ultimate dental implant solution. Using a new innovative technology called All-on-Four™ you can have non-removable teeth in just one day. Prior to the introduction of All-on-Four™ technology, patients requiring permanent implants had to suffer uncomfortable and expensive procedures.

First developed in Europe, the All-on-Four™ procedure places a complete arch of permanent teeth on four or five titanium implants. The implants are positioned on an angle to make the best use of the bone and serve as a replacement for the root of your teeth. The teeth are held securely and because there is no upper palette as in a normal denture, patients don't lose their taste or texture sensation for the foods they eat.

And yes, it can all be completed in one day, followed by two or three follow-up appointments. Having the Permanent Teeth-In-A-Day, All-on-Four™ procedure generally involves little to no discomfort and very little swelling as compared to conventional dental implants.



Who are the best candidates?

Patients with total tooth loss in either or both the upper and lower part of their mouth are candidates, as well as patients with failing teeth that will likely require removal. It's also possible to have the implant placed in only the upper or lower part of your mouth so you can continue using your removable dentures on the opposite jaw.

If you've been told you aren't a candidate for other types of dental implants, or have little jaw bone, the All-on-Four™ procedure is likely an excellent solution for you. Due to remarkable advances in dental technology we are able to place these implants on patients with very little jaw bone.

Even if you don't wear dentures, you may still be a candidate for dental implants if:

- Your speech is affected by the empty spaces left by the missing teeth
- Your teeth are starting to drift into the spaces and food is getting caught in between your teeth
- You are concerned about what to do to replace the tooth or teeth you lost some time ago
- You are about to lose a tooth due to decay or trauma.



What are the Benefits of Permanent Teeth-In-A-Day?

Closest Thing to Having Natural Teeth!

When looking for a solution to replace your dentures or fix missing teeth, nothing equals the realism of a dental implant. After the implant has fused with your bone, the titanium screw can be fitted with a variety of dental prosthetics. So, even if you still have dentures on the upper or lower part of your mouth, your new dental implants will blend right in. You'll never have to worry about someone pointing out your prosthetic teeth, because they won't be able to tell the difference!

Cost Effective Way to Replace your Teeth

Cost is an important factor in many of life's decisions, and it's no different with your oral health, including dental implants. The Permanent Teeth-In-A-Day implants are typically the least expensive solution when compared with traditional methods of implants, which need to use more prosthetic teeth and often create a less-than-pleasing result. Also, many of the alternative options tend to not last nearly as long as a dental implant.

Other procedures often mean that the less than satisfactory prosthetic teeth must be replaced several times, or even worse, cause other dental issues, increasing your overall cost.

Viewing your tooth replacement procedure as an investment in your dental health can help put things into perspective. We also offer a variety of plans to make dental implants and All-on-Four™ very affordable.

Improved Quality of Life

For many patients, a significant motivating factor for dental implants is to have their beautiful smile restored and to shed those feelings of embarrassment that come with bad teeth or poorly fitting dentures. For many, this newly regained self-confidence is well worth the investment alone. And because dental implants work and feel just like natural teeth, you can eat all the foods you love. Better eating and chewing habits lead to a better digestive tract and overall better health. That's priceless!



Dental Implants Can't Get Cavities



That's a fact - dental implants can't get cavities because they are made of prosthetics and are stronger than teeth. Taking care of your dental implants is just like taking care of your teeth:

- Brush with a soft or electric toothbrush
 - Floss once a day or use a water pik
- ...and enjoy eating and smiling without fear or embarrassment!

Dental Implants Can Last a Lifetime

When making a decision on how to properly handle your dental health, it's only reasonable that you choose a "once and done" solution that will stand up to the test of time.

With proper care, dental implants are one of the only tooth replacement options that can easily last your entire lifetime. When you factor in the cost of removable dentures that need to be relined or replaced at least every seven years, dental implants increase in value tremendously.

Conclusion

There are a number of factors to consider when looking at dental implants and the All-on-Four™ dental implant procedure – including bone loss, bone density, and your personal dental history.

All of our dental implant patients are screened with the latest technologies available in our office so we can strive for a totally successful procedure and avoid unnecessary complications.

If these preparatory tasks are rushed or skipped, there's a chance the implant won't last, causing future problems, more expense, and pain. Dental implants are an investment in your oral health and appearance, so it's important that you take your time, find the right dentist and get the best plan of action for success.

To help you through the process, we've included a checklist of questions to ask an Implant Dentist when discussing your options for implants. Use this list as your first step in preparing for your future with dental implants – you won't regret being prepared!





Smile with confidence!

Schedule your FREE consultation today!

With dental implants you can have permanent teeth in days, and a smile that looks and feels natural. Let's set up a consultation today.

- Free 1-hour parking during your consultation
- Coffee, tea and a relaxed environment
- Dedicated team of All-on-Four™ and Implant Specialists – over 60 years combined experience
- Modern, state-of-the-art office with latest technologies not available everywhere



Dr. Jerry Jesin and Dr. Rob Eisen

The All-on-Four™ Dental Implants Team

Drs. Jerry Jesin and Rob Eisen started their North York dental practice in 1985. Their state-of-the-art dental office provides the most advanced dentistry in a caring and comfortable setting.

Dr. Jerry Jesin, voted one of top two dentists in Toronto, graduated from the University of Toronto, Faculty of Dentistry in 1985. Early in his career Dr. Jesin recognized the importance of continuing education and participated in numerous post-graduate programs including continuums at: The Pankey Institute for Advanced Dental Education; Esthetic Dentistry at University at Buffalo School of Dental Medicine and Advanced Surgical Techniques for the Placement of Dental Implants. Dr. Jesin currently serves as vice-president of the Toronto Crown and Bridge Study Club.

Dr. Rob Eisen graduated from the Schulich School of Medicine and Dentistry at the University of Western Ontario in 1985. He went on to complete a post-graduate program in Esthetic dentistry at University at Buffalo (1995); the Dawson continuum in restorative dentistry and continuum level IV at The Pankey Institute and an advanced dental education facility in Florida (2002). In 2006 he completed a peer practicum in implant surgery with Nobel Biocare. As the current president of the Toronto Academy of Digital Dentistry he has always displayed a keen interest in cosmetic, implant and hi-tech dentistry.

Dr. Jerry Jesin (left) and Dr. Rob Eisen
of the North York Smile Centre



What patients, just like you, are saying about All-on-Four™ Dental Implants:

We'd like to thank all our patients for the privilege of managing their treatment. Below are testimonials of people like you, who are enjoying their dental implants:

“ After life with a denture for around 15 years, the decision to have implants was a difficult one. My own experience with dentistry filled me with trepidation. I am happy to report that the discomfort was kept to a minimum and the treatment has been very successful. The quality of life after implants is much greater and I can highly recommend the procedure. I was kept well informed before, during and after the procedure and given the very best of care. ”

Mary B. - Australia

“ I want to thank you for the life changing work you've done on my teeth. I am no longer embarrassed to talk to people and smile and have actually received compliments about my smile! You've really made a huge difference in my life and I'm extremely grateful. ”

Leslie K. - Toronto

“ Having worn dentures for over 20 years, I was entreated by the possibility of leading a “denture-free” life. Although there was some initial discomfort, the results were beyond my highest expectations. The appearance of my teeth has improved immeasurably and I have rediscovered the joy of being able to eat anything that I want without any concern at all. It is no exaggeration to say that the quality of life has improved significantly since I have undergone this process and I would unreservedly and wholeheartedly recommend this treatment. ”

David S. - UK

“ Finally, for the first time in my adult life, I am able to eat meat. ”

Paul J. - Chicago

“ Let me reiterate that my implants have been perfect and I have had no discomfort whatsoever. I can chew any food I like and it is as if the implants are just like ordinary teeth. If I should need any teeth extractions in the future, I would not hesitate to insist on an implant again. ”

Svend H. - Florida

Questions to Ask An Implant Dentist:

1 Based on my x-rays, what is the current status of my bone retention?

2 What is the general timeline for replacing multiple teeth and what determines this timeline?

3 What cleaning procedures are beneficial for dental implants?

4 What are the consequences of waiting to get dental implants?

5 How have other patients felt after getting dental implants?

6 What aspects of life have you seen improve with patients who have dental implants?

7 What types of routine care procedures will I need to perform to ensure the health of my dental implant over time?
